

Reviving Communities: Revociety's Nutrition & Education Partnership Proposal



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Company Profile



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History of Revociety

Igniting The Fire of Change From The Roots of Community

Revociety is a purpose-driven organization creating lasting social impact by tackling critical issues in **healthcare, nutrition, and community well-being** across Indonesia.

Founded by **dr. Angelina Vanessa**, a social and community health expert, Revociety emerged from a deep understanding of the challenges faced by underserved communities.

Through her fieldwork, dr. Vanessa identified two major barriers to sustainable development:

1. Lack of basic security
2 Limited access to education on topics like **balanced nutrition, preventive care, and sanitation**. These gaps harm not only individual health, but the progress of entire communities.

At Revociety, we believe change begins with **education, empowerment, and collaboration**. Our community-based programs, workshops, and advocacy efforts equip individuals with the tools to lead healthier, more resilient lives—alongside local leaders, healthcare professionals, and partner organizations.

What Makes Us Unique?

Revociety was born from more than just an idea—it grew from a real journey of serving communities facing economic hardship. Along the way, we learned a powerful truth: real change doesn't come from short-term aid, but from long-term empowerment.

That's why we combine two pillars—education and health—to spark lasting transformation. We're not just giving support; we're igniting potential, turning hope into reality.

"Revive and Evolve Society" isn't just our slogan—it's our mission in motion. Revive is about restoring spirit and possibility. Evolve is about building sustainable growth so communities don't just survive, they thrive.

Through this integrated approach, Revociety is shaping a future where communities rise, grow, and lead with strength. This is our dream—to animate, mobilize, and transform.

REVOCIETY'S TEAM



dr. Angelina Vanessa
Founder



dr. Paulus Lukman, SpB
Program Development



Sylvia Winnie Melinda, S.Gz
Nutrition Coordinator



dr. Eifraimdio Paisthalozie
Health and Service Coordinator



dr. Stefanus R. Purba
Vice Project Leader

OUR VISION IS TO...

Transform communities by championing equitable access to education and healthcare — empowering individuals not just to survive, but to thrive. through bold, sustainable initiatives, we provide knowledge, tools, and support systemsneeded to foster lifelong health, informed decision-making, and true self-reliance.

OUR MISSION IS TO...

Deliver impactful social services while upholding a deep commitment to societal tolerance and inclusivity. we strive to foster and implement professional service standards that ensure the highest quality of support for the communities we serve.

REVOCIETY is a social enterprise aimed at reviving the long-forgotten values of society with tolerance as its core principle, enabling communities to grow and develop more effectively. Revociety is designed to be flexible in organizing programs across various sectors, such as health, education, and economy, as these pillars are essential for building a better and more sustainable society in the future.

Our Problem Statement

As the world's fourth most populous nation of around 250 million, the Indonesians continues to face significant disparities in public health and community well-being—particularly in underserved and remote regions. Health problems are further compounded by the lack of basic security, which undermines trust, safety, and access to consistent support. As a result, individuals—especially children —are at greater risk of malnutrition, preventable illnesses, and poor hygiene practices, perpetuating cycles of poverty and vulnerability.

- **Child Malnutrition:** As of 2023, 21.5% of Indonesian children under five are stunted, a condition resulting from chronic undernutrition.
- **Maternal Health:** The maternal mortality ratio stands at approximately 173 deaths per 100,000 live births, indicating persistent risks associated with pregnancy and childbirth.
- **Elderly Health:** The proportion of older adults in Indonesia has reached 11.75% in 2023, with projections indicating a rise to 20% by 2045.

Revociety aims to address these pressing issues through community-based initiatives focusing on nutrition, maternal health, and elderly care.



Supported **184 CLIENTS** through our lactation seminar



Supported **49 CLIENTS** through our nutrition seminar



Performed **45 CIRCUMCISION SURGERIES**



Guided **178 PATIENTS** in senior fitness sessions



Performed **103 MINOR SURGERIES**



Facilitated basic clinical skill programs for **68 PARTICIPANTS**



Guided 29 PATIENTS in prenatal
yoga



Taught clinical apprenticeship
to 10 ELEMENTARY STUDENTS

Past Collaborative Partners



#1: Nutrition and Lactation Counselling



The Revociety team, led by a general practitioner, organizes interactive health education sessions for 15 to 20 participants per event in DKI Jakarta and Pulau Kei, Southeast Maluku.



These sessions provide valuable guidance on maternal and infant health, along with take-home materials, souvenirs, and refreshments tailored for pregnant and breastfeeding mothers to support their well-being.

#2

Healthcare

Services



The program offers comprehensive health services, including blood pressure checks to monitor cardiovascular health and early detection of hypertension. Participants will also receive individual medical consultations, where a healthcare professional will provide personalized education and recommendations based on their examination results.



If needed, basic laboratory tests such as blood sugar, uric acid, and cholesterol levels will be conducted to assess potential health risks related to diabetes, gout, and cardiovascular conditions. Following the examination, appropriate medications will be provided to address any identified health concerns, ensuring participants receive immediate and tailored medical support.

#3: Basic Clinical Skills Program



The program offers an immersive surgery preparation experience, covering essential skills such as aseptic techniques, instrument handling, and suturing practice to enhance surgical proficiency. Additionally, participants will engage in a specialized workshop on the psychology of emergency medical situations, equipping them with critical decision-making and emotional resilience skills in high-pressure environments.

Interactive focus group discussions with experienced medical doctors will provide valuable insights and real-world perspectives on the medical field. A key highlight of this program is the opportunity to learn directly from a specialist surgeon, ensuring high-quality training and expert guidance.

#4: Pregnancy Yoga Class



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Interactive focus group discussions with experienced medical doctors will provide valuable insights and real-world perspectives on the medical field. A key highlight of this program is the opportunity to learn directly from a specialist surgeon, ensuring high-quality training and expert guidance.

#5: Elderly Workout

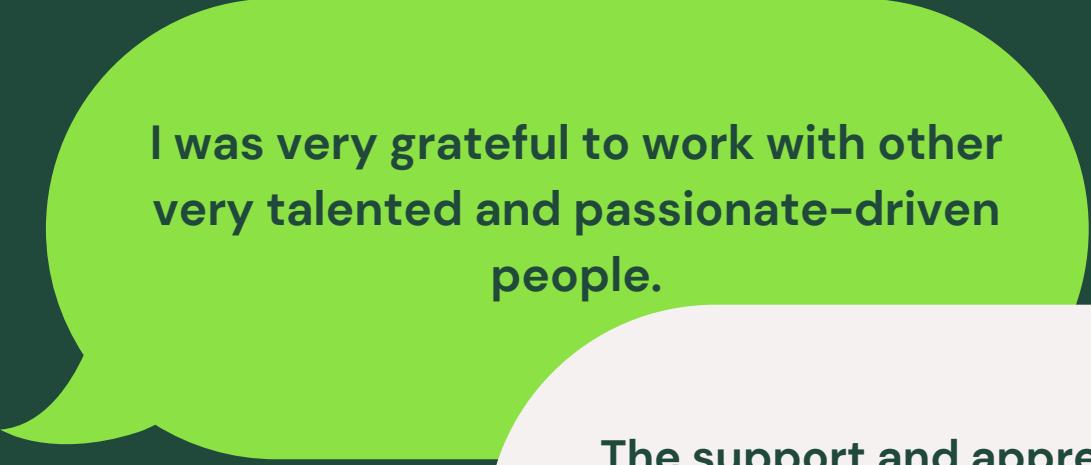


This program is designed to promote the health and well-being of the elderly through a range of integrated activities. It is supported by a team consisting of one general practitioner, one nutritionist, and one non-medical staff member. Activities include senior-friendly exercise sessions, blood pressure checks, blood sugar, uric acid, and cholesterol screenings, as well as medical consultations and medication distribution to support the participants' health needs.



In addition to medical services, the program also offers a nutrition education session led by a qualified expert to raise awareness about healthy eating habits among seniors. To reinforce this knowledge, healthy meals are distributed to participants, providing both a practical example and direct nutritional support. The program not only addresses physical health but also encourages an active and informed lifestyle for the elderly in a supportive community setting.

Testimonials



I was very grateful to work with other very talented and passionate-driven people.



The support and appreciation I had from them have been unwavering, they've given me many experiences in only a span of 5 hours.



The people I worked with went above and beyond to make our event successful.



All in all, this experience was undeniably unique, as it was enjoyable and it provided me an understanding of what it means to give back to my community!